

STR-12

- Immune support
- Immune modulation
- Fu Zheng therapy
- Supports the Righteous
- 50 grams per packet



STR-12 is a potent health and immune supporting and modulating formula crafted from twelve organic mushroom mycelium.

It's name, STR-12 derives from the Chinese Fu Zheng philosophy of "supporting the righteous." This method of health and immune cultivation focuses on supporting the energies of the body that keep us strong and vital.

This formula contains all the famous and effective immune mushrooms in a bio-available powder that is easily taken as a tea or in smoothies.

This formula is appropriate for anyone seeking to boost immune function, general energy, and recover from sickness.

Ganoderma lucidum (Reishi) is also known as the "mushroom of immortality" or the "herb of good fortune." It is renowned for its immune modulating properties as it possesses over 100 distinct polysaccharides and triterpenoids.

Lentinula edodes (Shiitake) is perhaps the most studied mushroom in the world. It is known to stimulate immune cell function including the activation of T cells, natural killer cells, interleukin-6, and macrophages.

Agaricus blazei contains beta glucans that are believed to increase immune function and modulation.

Grifola frondosa (Maitake) has anti-tumor, anti-viral, and anti-diabetic properties.

Ingredients: Organic mycelium

Ganoderma lucidum (Reishi)
Cordyceps sinensis
Lentinula edodes (Shiitake)
Agaricus blazei
Grifola frondosa (Maitake)
Trametes versicolor
Phellinus linteus
Coriolus versicolor
Hericium erinaceus (Lion's Mane)
Inonotus obliquus (Chaga)
Flammulina velutipes
Polyporus umbellatus

YE SHENG REISI WITH SPORES

- Calms the Heart
- Tonifies the Lung Qi
- Supports Liver/Cardio function
- Immune regulator
- 50 grams per packet



This Reishi Mushroom extract powder is a wild crafted tonic herb for cultivating Spiritual energy, modulating immune function, and promoting health, longevity, and peace of mind.

According to Shen Nong's: "Long term consumption [of Reishi mushroom] will lighten the body and prevent aging, extend one's life, and make one an immortal." We at Jing Herbs agree. As a matter of fact, if you were given the choice of taking only one herb for the rest of your life, from all the herbs in the world, we believe Reishi should be your choice.

It has a legendary status in the Orient because of its ability to profoundly affect so many aspects of your life in a positive manner. Reishi mushroom, also known as the "Mushroom of Immortality" and the "Herb of Good Fortune" is considered by many to be the quintessential tonic herb because of its ability to nurture all Three Treasures (Jing, Qi, Shen).

In addition to the Reishi extract, we have added potent Reishi spores to this product. Spores are essentially the seeds of the mushroom. They house the essence of the Reishi mushroom and contain many nutrients in that hyper potentiate the effects of Reishi.

Ingredients: *Ganoderma lucidum* fruiting body extract powder, *Ganoderma lucidum* spores (cracked wall) powder.

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LEGENDARY TONICS & TEAS

EST. 2002

HERB POWDERS



The Supreme Elixir has three distinctions;

Essence (Jing),

Energy (Qi),

and Spirit (Shen).

-The Jade Emperor



HERB POWDERS



ASTRAGALUS EXTRACT

- Tonifies Spleen and Lung Qi
- Raises the Yang Qi
- Powerful Immune tonic
- Premeire energy tonic
- 50 grams per packet



Astragalus is one of the great tonic herbs as it strongly tonifies the vital Qi of the body as well as generates blood and fluids. It is a first class herb for maintaining a healthy immune system. This is a premium energy tonic for athletes and anyone looking for more day to day energy and vitality.

Astragalus is categorized as an Energy (Qi) tonifying herb. It thus directly supports the Lung and Spleen organs in the body. By supporting those organs, energy derived from the foods you eat and the air you breathe is increased.

Ingredients: *Astragalus membranaceus* root extract powder.

CHAGA ORGANIC MYCELIUM

- Potent immune supporting tonic
- Powerful adaptogen
- Anti-viral properties
- Antioxidant
- 50 grams per packet



Chaga is a medicinal mushroom that has strong immune enhancing properties, high levels of antioxidants, and exhibits its anti-viral properties. It is an amazing health and longevity tonic full of phyto-nutrients that slow the aging process.

Chaga mushroom has been a component of Russian folk medicine since the 16th century. It was traditionally used to treat stomach and lung cancers and for other ailments including but not limited to gastritis, ulcers, colitis, and various other inflammatory conditions.

Ingredients: *Inonotus obliquus* mycelium (organic) powder.

CISTANCHE EXTRACT

- Tonifies the Kidney Yang
- Augments Essence and blood
- Moistens the intestines
- Tonifies sexual energy
- 50 grams per packet



Cistanche has the unique quality of tonifying the Yang Jing of the Kidneys while simultaneously promoting essence and blood. Because of this quality it is also capable of bringing moistness to the Large Intestine which is the other meridian this herb enters. This action may be particularly beneficial for the elderly who are more likely to be affected by deficiencies of Yang, blood, and fluids.

This herb has the ability of tonifying the Yang without overheating, warms without being drying, and moistens without draining. Cistanche is powerful yet gentle in its action.

Ingredients: *Cistanches salsa* stem extract powder.

CORDYCEPS ORGANIC MYCELIUM

- Augments the Kidneys and Lungs
- Tonifies the Yang
- Supports immune function
- Energy tonic
- 50 grams per packet



Cordyceps is one of the great herbs of Chinese herbalism. It is a balanced tonic herb that strengthens the Kidneys, tonifies Yang, nourishes Lung Yin, and strengthens Lung capacity. It is an Adaptogen that promotes healthy immune function and is considered a longevity tonic.

As a Kidney Essence or "Jing" tonic, Cordyceps vitalizes the Yang energy in the body which is responsible for physical energy, sexual energy, mental and creative energy, and structural integrity of the skeletal system. As an athletic tonic, it vitalizes physical energy, increases lung function and endurance, and helps to build muscle.

Ingredients: *Cordyceps sinensis* mycelium (organic) powder.

EUCOMMIA EXTRACT

- Tonifies the Liver and Kidneys
- Strengthens the sinews/bones
- Yang tonic
- Athlete's herb
- 50 grams per packet



Eucommia bark is one of the best herbs for tonifying Yang Jing Essence. It is warming without being drying. It tonifies both the Kidney and Liver which makes it one of the most effective herbs addressing the skeletal structure in addition to the tendons and ligaments. Eucommia is outstanding to maintain the structural integrity of the body for athletes and exercisers.

This is also a superb herb for the elderly in maintaining flexibility and stability. In addition to its structural benefits, Eucommia has shown to be an effective anti-inflammatory and an aid in the mending of broken bone and torn tissue.

Ingredients: *Eucommia ulmoides* bark extract powder.

HE SHOU WU EXTRACT

- Nourishes the Blood and Yin
- Preserves the Essence
- Tonifies the Liver and Kidneys
- Longevity tonic
- 50 grams per packet



He Shou Wu, (also known as Fo-ti or *Polygonum multiflorum*) is one the premiere Superior class tonic herbs. It is a longevity and Yin Essence replenishing herb of the highest order. Legend has it that it can return an aging person to his or her youthful years. It builds essence, builds blood, and enhances fertility for men and women alike. It is also used in formulas for supporting hair growth and reversing premature graying of hair.

He Shou wu has been prized for centuries because of its ability to prevent premature aging and enhance longevity and youthfulness.

Ingredients: Prepared *Polygonum multiflorum* (He Shou Wu, Fo-ti) root extract.