

# BEAUTY AND TONIC HERBS



True beauty can only be born of true balance. At Jing Herbs, we adhere to the holistic health cultivating philosophy of protect-

ing, nourishing, and balancing the three fundamental energies that are housed in all living beings; Essence (Jing), Energy (Qi), and Spirit (Shen), also known as the Three Treasures.

At Jing Herbs we take a more complete view of what it means to be beautiful. Beauty manifests in many ways and physical beauty is but one aspect. For us, beauty of spirit, beauty of action, beauty of intention, and beauty of compassion are just as important as physical beauty.

The use of tonic herbs for beautification has a long and illustrious history dating back to Shennong's Pharmacopoeia, 25-220 A.D.



It has been shown that some of the major benefits of these herbs include enhancing skin elasticity, relieving skin inflammation, promoting blood circulation which nourishes the skin cells, and promoting moisture which keeps the skin hydrated and less likely to wrinkle.

By protecting, nourishing, and balancing the Three Treasures—Essence (Jing), Energy (Qi), and Spirit (Shen) with tonic herbs, all aspects of true beauty are brought to fruition and allowed to flourish.

Jing Herbs, which has its headquarters in Los Angeles, California, is a formulator and manufacturer of the finest and most authentic tonic herb formulas available in the world.

“Jing” was chosen as the company name from ancient Taoist text simply because it means the source, the foundation, the primal “essence” of human beings. That is how we want our clients to regard our products; as the foundation and source of health and longevity.



The entire staff at Jing Herbs has a long and proud tradition of teaching, guiding, and improving the lives of thousands of clients through the use of tonic herbs. Our herbs are sourced from the authentic regions of their origin and we personally travel to China to inspect, select, and approve the raw ingredients. Our dedication to authenticity, integrity, and efficacy is unparalleled in the industry.

## Jing Herbs

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LEGENDARY TONICS & TEAS

EST. 2002

# GODDESS PACK



*The Supreme Elixir has three distinctions;*

*Essence (Jing),  
Energy (Qi),  
and Spirit (Shen).*

*-The Jade Emperor*



# BEAUTY TONICS



## GODDESS PACK



- Cultivate beauty from within
- Energizing, and Nourishing
- Promotes a Peaceful Spirit
- Female Balance and Harmony
- 30 Packets per box
- 5 Capsules per packet

The attributes of the Goddess are born within and manifest in many ways. She embodies timeless beauty that is more than skin deep. She possesses power that is tempered by compassion. She has confidence that is rooted in serenity. Her capacity to love knows no bounds. Whoever meets a Goddess is forever changed.

At Jing Herbs, we have gone beyond the obvious and mundane definitions of beauty and have developed a product that reaches to the very core of the Goddess. Our system of herbalism is based on protecting, nourishing, and balancing Essence (Jing), Energy (Qi), and Spirit (Shen), also known as the Three Treasures. A Goddess must have the Three Treasures in abundance to cultivate beauty, confidence, power, balance, and a peaceful spirit.

### What is Goddess Pack?

Goddess Pack is a transformative blend of three formulas that together conform to the ancient Oriental wisdom of "cultivating the interior so that the exterior may radiate." Goddess Pack not only enhances physical beauty but also beauty of the mind and spirit, radiating in the form of calm confidence and peaceful openness.

The first formula in this product, *Timeless Beauty*, is composed of our legendary tonic herbs known to enhance beauty from within. Favorites of the Imperial Courts of China and beautiful women of the Orient, these herbs have been revered and used for thousands of years. Beautiful skin requires healthy blood and this formula features herbs that nourish, cleanse, and vitalize the blood.

- **Dong quai root** is unrivalled in its function of building, vitalizing, and circulating the blood to promote lustrous skin.
- **Longan fruit** is known for its ability to balance the emotions, sharpen the intelligence, prevent aging, and facilitate enlightenment of the spirit.
- **Schisandra berry** is an anti-aging and longevity tonic that quiets the spirit, increases mental acuity, generates fluids, and protects the liver.
- **Lycium fruit** is an anti-aging longevity tonic that brightens the eyes and builds fluids to provide moisture for the skin.
- **Peony root, Coix seed, Cinnamon twig, and Codonopsis root** all support the primary herbs in this formula by building beauty from within, and then directing it to the exterior of the body, leaving you with glowing, flawless, and ageless skin.\*

The second formula in this product, *Beautiful Hair*, is based on a classic formula from the Ming Dynasty. It is famous for promoting vibrant and healthy hair, skin, and nails by nourishing Essence, Blood, and circulation.

**He shou wu** (*Polygonum multiflorum*) root is the primary herb in this formula and has a long history of supporting healthy hair, skin, and nails. According to ancient texts, it is said to have the ability to prevent the graying and loss of hair. This is also a major anti-aging and longevity tonic.

The third formula in this product contains Maca root and Pearl powder.

- **Maca root** is commonly referred to as the "super-food of the Andes." It is an adaptogenic herb of the highest order. It contains a unique combination of bio nutrients that help to feed and balance the endocrine system. Traditional uses include harmonizing hormone irregularity, replenishing energy, enhancing cognitive function, and cultivating overall health and vitality.
- **Pearl** has two very distinct and beneficial functions. As a Spirit tonic, it is used to stabilize the emotions, reduce stress and anxiety, calm the nerves, and open the Heart. As a beauty tonic, it is said to diminish blemishes, decrease discoloration, brighten the eyes and add luster to the skin.

Each box of Goddess Pack contains thirty individual packets. Each packet contains the following capsules: two each of Formula 1, two each of Formula 2, and one each of Formula 3.

**Formula 1 Ingredients (450 mg each):** Dong quai root, Schisandra fruit, Chinese White Peony root, Longan fruit, Coix lacryma-jobi seed, Lycium fruit, Cinnamon twig, Codonopsis root.

**Formula 2 Ingredients (450 mg each):** Prepared Polygonum multiflorum root (He shou wu), Black Sesame seed, Dong quai root, Ligustrum fruit, Morus alba fruit, Eclipta herb, Gambir herb, Psoralea fruit, Chinese White Peony root, Achyranthes root.

**Formula 3 Ingredients(450 mg each):** Maca root, Pearl powder.

