

## DETOXIFICATION AND TONIC HERBS



The Twentieth Century has brought us more toxicity than any other in history. New chemicals are more powerful and harmful, air and water pollution has reached

critical proportions, and more of our population is on a daily regimen of pharmaceutical drugs. In addition to this relentless assault at the physical level, we are also exposed to mental, emotional, and spiritual toxins. We are exposed to higher decibels of noise pollution, we are stressed by constant time demands, and some turn to unhealthy lifestyle choices and habits to escape the rat race. Our bodies also produce toxins in their normal day to day function in maintaining homeostasis.

Toxicity occurs when there is an excessive production or intake of toxins that the body cannot expel fast enough. When that happens, there are often symptoms such as headaches, low energy, allergy reactions, sensitivity to environmental substances, digestive difficulty, and other general malaise. At the same time, a healthy functioning body has the ability to rid a certain level of toxins.

At Jing Herbs, we support detoxification by protecting, nourishing, and balancing the three fundamental energies in the body known as the Three Treasures-- Essence (Jing), Energy (Qi), and Spirit (Shen). We do this with the use of tonic herbs. We also support detoxification with general herbs and supplements that target specific organ systems.

Jing Herbs, which has its headquarters in Los Angeles, California, is a formulator and manufacturer of the finest and most authentic tonic herb formulas available in the world.

“Jing” was chosen as the company name from ancient Taoist text simply because it means the source, the foundation, the primal “essence” of human beings. That is how we want our clients to regard our products; as the foundation and source of health and longevity.



The entire staff at Jing Herbs has a long and proud tradition of teaching, guiding, and improving the lives of thousands of clients through the use of tonic herbs. Our herbs are sourced from the authentic regions of their origin and we personally travel to China to inspect, select, and approve the raw ingredients. Our dedication to authenticity, integrity, and efficacy is unparalleled in the industry.

### Jing Herbs

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 **JING HERBS**<sup>TM</sup>  
LEGENDARY TONICS & TEAS

EST. 2002

## DETOXIFICATION TONICS



*The Supreme Elixir has three distinctions;*

*Essence (Jing),  
Energy (Qi),  
and Spirit (Shen).*

*-The Jade Emperor*



# DETOXIFICATION TONICS



## HEPAPACK

- Supports Healthy Liver function
- Supports Liver detoxification
- Rich in antioxidants
- 30 Packets per box
- 5 Capsules per packet



Jing Herbs is dedicated to proactive, protective, and preventative health care. We believe toxins must be eliminated from the body before they have an opportunity to do harm. While the liver, kidneys, skin, and intestinal tract are all organs of detoxification, the liver is the primary agent of this process. HepaPack is formulated to assist all the organs of detoxification; however, the major emphasis is on liver support.

The liver employs several pathways and phases in its detoxification process. First, the liver cleanses an astounding 2 quarts of blood per minute, neutralizing environmental, metabolic, bacterial, and other toxic substances. Secondly, it produces bile that acts as a carrier agent for the toxins, which is then deposited into the intestines to be absorbed by fiber and safely evacuated from the body through the colon. And finally, the liver employs a bi-phasic enzymatic process to either neutralize (phase I) or modify (phase II) toxins.

HepaPack is a powerful anti-hepatotoxic synergistic blend of Chinese herbs and antioxidants that helps to support liver function and detoxification. The Chinese herbal blend that is the foundation of HepaPack is a

modified classic formula that first appeared in the *Shang Han Lun* of the Eastern Han dynasty.

Its primary function is to harmonize and protect the qi and blood of the liver. Because free radicals are produced by the liver during the detoxification process, antioxidants play a critical role in assisting liver detoxification in both phase I and phase II.

Milk Thistle is a safe and natural herb for support of liver function. It contains a family of flavonoids known as Silymarins that supports liver function by raising levels of glutathione, an important antioxidant for liver function.

N-Acetyl-Cystine (NAC) is a precursor in the production of glutathione, the body's own antioxidant.

Alpha Lipoic Acid is powerful network antioxidant that helps in the formation of glutathione and supports the detoxification activities of the liver.

Curcuma has been used for hundreds of years in both Ayurvedic and Traditional Chinese herbalism to support healthy liver function and detoxification.

**Formula 1 Ingredients (450 mg each):** Schisandra fruit, Astragalus root, Bupleurum root, Chinese White Peony root, Isatis root, Scutellaria baicalensis root, Chinese Licorice root, Chinese Salvia root.

**Formula 2 Ingredients (450 mg each):** Milk Thistle seed, Scutellaria baicalensis root (standardized to 30% baicalin), Alpha Lipoic Acid, NAC (N-Acetyl-L-Cysteine).

**Formula 3 Ingredients (400 mg each):** Curcuma longa rhizome.

## YE SHENG REISHI MUSHROOM

- Supports Liver detoxification
- Regulates Immune response
- Premiere Longevity Tonic
- 90 Capsules 450 mg each



Reishi mushroom, also known as the "Mushroom of Immortality" and the "Herb of Good Fortune" is considered by many to be the quintessential longevity and health cultivating herb due to its ability to nurture all Three Treasures (Jing, Qi, Shen).

It is also a powerful detoxifying agent as well. Reishi mushroom supports healthy liver function, prevents excessive toxic build up in the liver, and protects liver cells from damage.

Reishi also has a calming effect on the body which reduces the effects of stress and allows the nervous system to maintain balance. This prevents the body from becoming overly taxed and compromised by stress thus reducing oxidative damage to cells.

It is an adaptogenic herb that helps to support and regulate immune function, protect the cardio vascular system, and support and protect liver function.

As an immune tonic, it has double direction activity. It supports immune function response where it is deficient and modulates immune response where appropriate, such as is the case with allergies and other other auto-immune conditions.

**Ingredients:** Ye Sheng Wild crafted Reishi fruiting body.